



Reflections

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ISSUE 38

More about CROP Walk and a Challenge

When you need food for dinner or to restock the fridge, you grab your grocery bags, drive to the store and buy what you need, right? How often do you go to the store? Monthly? Weekly? Daily?

What about when you have a holiday coming up? When you go to the store to stock up for a cookout, what do you put in that grocery bag? Hot dogs, hamburgers, drinks and chips? How much of your grocery bill goes to buying snacks or just for-fun foods?

How much do you spend each shopping trip? According to the U.S. Department of Agriculture, the average grocery bill for a family of four in the U.S. is about \$965 per month. That equals about \$223 a week. For some with small children it will be less. For those with teenage boys, it will be more – much more! But \$223 is the average.

Now consider the fact that half of the world's population earns an income of \$18 a week or less. Putting these side by side is like comparing our full grocery bag to a little packet of rice.

The CROP Hunger Walk, which is a nationwide movement sponsored by Church World Service (CWS) to raise funds to end hunger and poverty in the U.S. and around the world, is an opportunity for individuals to recognize their blessings and in gratitude share resources with those who are in need. Donations help hungry families throughout the Central Ohio area and the world to eat today and feed themselves long into the future. When folks support the CROP Hunger Walk, they establish farms, set-up small businesses, provide vital nutrients and create opportunities to flourish for others.

The CROP Walk here in Central Ohio is scheduled for **Sunday, October 3**. Walking this year from Redeemer are **Connie Criswell, Heidi Sherer, Wendy Stoica** and **Kathy Zwanziger**. To donate in support of the Redeemer Team go online to <https://events.crophungerwalk.org/2021/team/redeemer-lutheran-church-2>. Contributions via cash or checks made out to CWS/CROP may also be given to any of the walkers.

In addition to the efforts of CWS, contributions to the Central Ohio CROP Walk support the work of Mid-Ohio Food Collective; Neighborhood Services, Inc. Food Pantry; Sacred Table's Community Garden and Westland Ecumenical Community Food Pantry as well as Worthington Resource Pantry and Westerville Area Resource Ministry (WARM).

To learn more about the Central Ohio effort, go to its Facebook account at <https://www.facebook.com/centralohiocrop>

A Challenge: This month, save one of your receipts when you go grocery shopping and then write a check or make an online donation to the CROP Hunger Walk in an amount equal to that receipt.

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OUR CONGREGATION

Ministers - All who gather here in the name of Jesus

Pastor – Rev. David Shull

Office Manager – Becky Trover

Custodian – Marshall Edgington

Organist/Senior Choir Director -

Kathy Rapp

Pianist/Chimes Choir Director -

Karen Kent

Reflections Editor – Judith Bird

2021 CHURCH COUNCIL

President – Julie Johnson

Vice President – Wendy Stoica

Finance Officer – Margie Frazier

Secretary – Margie Farnham

Worship – Julie Larson

Education – Krista Skipper

Outreach – Sue Watson

Member Support – Elyce Herring

Property – Sue Yehling

Stewardship – Laura Warren

APPOINTMENTS

MUTUAL MINISTRY TEAM

Margie Farnham Marques Highland

Emlyn Ott Krista Skipper

SPECIAL FUNDS TEAM

Dave Engel, Chair

Michelle Clemence Nancy Magargal

Jim Riley Terry Warren

SUNDAY SCHOOL

Superintendent – Emily Ott

REDEEMER LUTHERAN CHURCH

1555 S. James Rd.

Columbus 43227

614-237-1263

www.redeemerluth.com



The Redeemer Community

RLC's Current Worship Protocol: *Love Your Neighbor*

- * Masks are required in worship and in other larger group settings.
- * Both sides of the sanctuary are set up for social distancing.
- * Those who wish may stand during the opening and closing hymns and the reading of the Gospel.
- * During the passing of the peace, we suggest you wave or place your palms together under your chin in the "namaste" posture as a way to share the peace in a distanced way.
- * Individual communion elements are available to pick up inside the Sanctuary door.
- * If you wish to use one of the first-floor bathrooms, please follow instructions in the bathroom about disinfecting it after your use. Only one person at a time in the restrooms.

Sister Act's Fall Retreat Set for October 1-3 at LMC

Sister Act's Fall Retreat will be held **Friday-Sunday, October 1-3** at Lutheran Memorial Camp (LMC) in Fulton OH. Folks can attend for the full weekend, for one night or just for Saturday. The cost is \$79 for the weekend or \$59 for one night. Cost for food is additional.

The group will be staying in the Priebe Center; arrival time is starting at 4:30 p.m. on Friday.

The theme for the weekend is "Being Bold in Our Play." As such, attendees are encouraged to bring art supplies, games, puzzles, music and props.

Regarding COVID-19 precautions, each participant will be given a release form to sign, which will be submitted to the camp at the time of arrival. Participants are asked to read the form to be informed about the recommended guidance and protocols being followed by the camp to ensure each person's safety. Each person is asked to take their temperature the morning before they arrive at camp.

For questions or to register, contact **Carol Heacock** at 614-530-4813.

Planning Underway for 2021 Advent Devotional Booklet

Advent will soon be upon us, and one way Redeemer has observed the season for several years has been the preparation of an Advent devotional booklet, with daily devotions for Advent written by members of the congregation. Members and friends are asked to consider writing a devotional for the booklet this year. Individual devotions should be emailed to **Mary Benis** by **Monday, November 8** for editing.

The list of readings which provide the basis for the devotions is posted on the bulletin board.

Redeemer Schedules BREAD House Meetings

Over the next several weeks, Redeemer members and friends will gather in small groups or house meetings to talk about a justice issue they care about – something that keeps them up at night, something they wish they could change in some way – all first steps in Redeemer's effort to support the BREAD organization and its identification of issues to address in the coming year.

Redeemer recently joined over 40 area Christian and Jewish faith communities to become a member congregation in BREAD – Building Responsibility, Equality, And Dignity. BREAD builds the power that a large number of committed, engaged people uniquely have to bring their concerns before policymakers. Members of BREAD do research to find policies that have proven effective, present those to policymakers, and ask these policymakers to make a public promise to make these policies real.

But the first step are the house meetings. Small groups from the congregation gather to talk about what justice issues they care deeply about, and what makes this issue so important to them. The house meeting facilitators will take these issues to a BREAD meeting next month where all the issues that were voiced around the county will be gathered.

At the end of the house meeting, participants will also be invited to see if they might like to stay connected with BREAD during this next year. There's no expectation those who come to a house meeting will get more involved. However, for those who might be curious, they will be informed about what's possible to do to put their passion into action.

Below is a list of the house meetings Redeemer folks are leading over the next several weeks. To be part of one, please let one of the facilitators know. All meetings will be masked or outside.

Wednesday, Sept. 29, 1 p.m. at the church

Hosted by Sue Watson and Kathy Zwanziger

Thursday, Oct. 7, 6:30 p.m. at Sue Yehling's home in Reynoldsburg

Hosted by Michele Disbro and Kristi Hildebrand

Sunday, Oct. 10, during the 11:15 a.m. adult education hour at the church

Hosted by Michele Disbro and Dave Shull

Sunday, Oct. 10, 4 p.m. at Dave Shull's home in Clintonville

Hosted by Dave Shull

We'd love to hear your voice and listen to your concerns and dreams.

Redeemer, Pastor Dave Seek Emergency Contact Info

Pastor Dave and Redeemer's Member Care Team would like to be able to contact members' loved ones if something happens to you. Right now, the church doesn't have emergency contact information in the membership files.

As a result, members are asked to email or call **Office Manager Becky Trover** with the information for someone you'd like us to contact if anything happens to you. Even if you're partnered, we'd appreciate having a name on file. The Member Care Team thanks you.

Don Luck to Discuss Jesus, Non-Christians

Don Luck, professor emeritus of systematic theology at Trinity Lutheran Seminary concludes a four-part exploration of the person and significance of **Jesus** that reflects contemporary biblical and theological scholarship and that reaches beyond popular assumptions by many both within and outside the Christian community. The Adult Education sessions run from 11:15 a.m. to 12:15 p.m. following the Sunday worship service in Room 2 and on Zoom. The final session will address the following theme:

October 3: Re-introducing Jesus and Non-Christians. Numbers of informed voices in the Christian community are challenging St. Cyprian's assertion that "No one can have God as Father without having the Church as Mother." Find out why and how.

To join the group via Zoom, go to the Zoom app and then enter the following information: Meeting ID: 868 0452 7196; Passcode: 229032. To participate by phone, call 646-876-9923. If you don't have the Zoom app, you can join the meeting by copying and pasting the following web address in your browser: <https://us02web.zoom.us/j/86804527196?pwd=WVNPejFLQUplLTjlFVkc3czVubTRZdz09>.

Sunday Adult Ed Class to Examine 'What Trauma Can Teach Us'

We hear a great deal about trauma these days. Post traumatic stress disorder (PTSD) has become an increasingly common diagnosis and a common topic in the media. But what exactly is trauma? How can we talk about it in meaningful and helpful ways? And what do we have to learn from it?

Redeemer member **Jeff Montgomery** works with questions like this every day. Jeff is a social work supervisor at the Veterans Administration Hospital in Chillicothe. He is part of an effort to implement Trauma Informed Care within the VA nationally. You'll learn a lot more about what that is during these three weeks together starting on **Sunday, October 17**.

Dr. Gabor Mate is one of the foremost experts on trauma in the world. He says, "Trauma is not what happened to you. Trauma is what happens inside you, as a result of what happens to you." This means trauma has a lot to teach us.

That's why Jeff and **Pastor Dave** are inviting you to watch and discuss the film "The Wisdom of Trauma" during the 11:15 a.m. Sunday adult education hour on **Sundays, October 17, 24, and 31**.

Learning about trauma beyond our assumptions and beyond stereotypes gives us the ability to change the ways we treat each other as individuals and as groups so we're aware of how we can respond to people in the safest and most healing ways possible. Part of our discussion will be to discover the relevance of this movie to our ministries at Redeemer.

If you'd like to watch the entire film prior to our watching it together in three parts, you can do so between **October 4-10**. Go to thewisdomoftrauma.com to register for a viewing.

This class will be available both in-person and on Zoom.

Tuesday Bible Study Looks at Jesus' Parables Sept. 28

The Tuesday Bible Study continues its study of Jesus' parables on **Tuesday, September 28**. It meets both in-person here at church and on Zoom from 1-2:30 p.m.

To join the group via Zoom, go to the Zoom app and then enter the following information: Meeting ID: 871 3736 6983; Passcode: 619946. To participate by phone, call 646-876-9923. If you don't have the Zoom app, you can join the meeting by copying and pasting the following web address in your browser: <https://us02web.zoom.us/j/87137366983?pwd=T0NoUU5ORmNYN1YrajhpZ2hGR09pdz09>.

Members May Take Produce from Redeemer's Garden



While Redeemer's Saturday morning Garden Giveaways ended effective **Saturday, September 18**, **Jon Disbro** reports that there will still be some produce coming from the garden over the next few weeks that is available to members after worship on Sundays.

Slots Available to Sponsor Flowers for Sunday Services

Since Redeemer has returned to in-person worship, there are lots of openings for folks to sponsor flowers for the Sunday services now into early fall. The flowers, a beautiful addition to Redeemer's livestream, are a great way to recognize a loved one's birthday, an anniversary or to honor an individual important in your life.

A wide choice of dates are available. Cost is \$20/bouquet. The sign-up sheet is on the bulletin board in the hall next to the Library along with the payment envelopes. For those not yet coming in to the church, just call **Office Manager Becky Trover** to sign up. Flowers can be taken home after the Sunday service or picked up later in the week.

Noisy Offering to Go to ELCA Disaster Relief Program

Redeemer's Noisy Offering – that offering of loose “or noisy” change made during communion – continues to be designated for the ELCA Disaster Relief Fund. Not only has Lutheran Disaster Relief responded to the COVID-19 pandemic here in the United States but it has also responded in places around the world, most notably now turning its attention to the coronavirus outbreak in India where it works with partners and companion churches throughout the country. They are supporting communities by distributing food and hygiene kits, conducting livelihood training for migrants, sharing information about COVID-19 and promoting prevention practices.

Important Emails

Dshull@RedeemerLuth.com – use for communicating directly with **Pastor Dave**.

Info@RedeemerLuth.com – use for communicating with the office, *Reflections* newsletter, **Office Manager Becky Trover**, healing prayer requests or for general information.

MemberCare@RedeemerLuth.com – use for communicating with the Member Care team about needs for personal ministry such as in-home communion, a home visit, meals, etc.

FinSec@RedeemerLuth.com – use for stewardship campaigns.

Itgroup@RedeemerLuth.com – use for communicating with Redeemer’s IT Team for items related to the website.

Property@RedeemerLuth.com – use to report items that need repair in the church building.

SundaySchool@RedeemerLuth.com – use to offer suggestions for our Sunday School ministry.

Transportation@redeemerluth.com – use to request temporary transportation assistance.

Communications@redeemerluth.com – use to send church related announcements or pictures for sharing on Redeemer’s social media sites. Another way is to tag Redeemer in the posts.

Publishing Deadlines for *Reflections*, Sunday Bulletins

For *Reflections*

- **PLEASE SUBMIT PRIOR TO 5 P.M. ON SUNDAYS.**
- Send to info@RedeemerLuth.com and put *Reflections* in subject line.
- Or leave a note in the *Reflections* mailbox at the top of the stairs outside the church office.

For Sunday Bulletins

The deadline for information to be published in Sunday bulletins is the **Wednesday morning** before. That information can be sent to the above email: just put “Bulletin” in the subject line.

Prayers and Personals

Prayers are asked for **Maureen Callahan** on the death of her brother **Dan** and for **Dave Lippert** on the death of his cousin **Mike**. Prayers for comfort are also asked for **Bob Gray** who has entered hospice.

Prayers for strength, comfort and healing are asked for **Pamela Andrews** whose father is ill.

Prayers of comfort are also asked for the **Williams Family**.

Member Transfer: **Barbara Connors** has transferred her membership to St. John’s in Grove City.

Thank You to All Who Helped with Memorial Service for Don Williams

Kathy Mimplitch thanks all who provided food or helped serve the luncheon following Saturday’s memorial service for **Don Williams**. “All the efforts were greatly appreciated by the family.”

September Birthdays

27-Becky Fisher

28-Faith Wick 29-Jennifer Young

October Birthdays

4-Misato In 4-May Schwarz

6-Tammy McFarland 7-Randy Kuklinski

8-Julie Larson 9-Bill Boys

9-Thea Barbour Harms 11-Sue Watson

15-Jessie Jimison 16-Eileen Day

17-Shari Ayers 19-Renee McFarland

19-Miles Smith 23-Skye Andree

23-Cason Day 23-Sandra Keaton

24-Bret Day 24-Leyton Wolfe

25-Madeline Gosnell 25-Madalyn McGurer

26-Kenndi Jacobs 26-Avery Martin

26-Krista Skipper 27-Brad Phillips

29-Brittany Amon 29-Jeremy Davis

30-Martin Binau 31-John Caron

Congratulations!

Emily Ott completed an Olympic triathlon on Sunday, meeting her pace goals – Well done!

The Wider Church

Painters Sought for Eastside Project

Redeemer has been asked by the mission team of Unity Presbyterian Church to join them **Monday, September 27** and **Tuesday, September 28** to do some painting for an eastside youth mentoring program, ALL THAT. The *Columbus Dispatch* did a story on them in the August 30 issue.

No special skills are needed at all and you can work for whatever period of time fits your schedule. A sign-up sheet is on the bulletin board in the hallway outside the Library. Contact **Pastor Dave** if you're interested or have questions.

Online Event to Benefit ELCA World Hunger

Folks are invited to join **ELCA Bishop Elizabeth Eaton** and **Rick Steves**, guidebook author and travel TV host, as they celebrate World Food Day on **Thursday, October 14** beginning at 8:30 p.m.!

This online benefit for [ELCA World Hunger](#) will feature interviews hosted by Steves, with people on the ground who are doing the work of fighting hunger around the world. Special guests include **Rev. David Beckmann**, who is being honored for his lifelong service to end hunger; **Rev. Rebel Hurd**; **Willie** and **Anne Langdji**; and **Rev. Rafael Malpica Padilla**. There will also be special performances by **Rachel Kurtz**, **Peter Mayer** and the St. Olaf Choir. "As a vital supporter of the church, we would love for you to join us as we hear compelling stories, listen to wonderful music and gather in fellowship to invest in this life-giving work," Eaton said in a release.

"As a church, we remain focused on supporting our neighbors near and far as the pandemic continues disrupting and impacting lives. At this event, you will learn about the ways ELCA World Hunger is responding. No one is better positioned and more experienced than the church in addressing hunger -- both immediate needs and root solutions. We are ready, able, effective and efficient."

To register, go to <https://tinyurl.com/3223ybt3>

The Community Beyond

ODI Warns Ohioans about Medicare Scams

Department of Insurance (ODI) Director Judith L. French urges Ohioans on Medicare to guard against scams seeking their personal information when selecting 2022 coverage during the **Friday, October 15** to **Tuesday, December 7** open enrollment period.

"Fraud is rampant this time of year. Scammers know people are overwhelmed evaluating the different Medicare plans," French said. "I encourage Ohioans to learn how to best protect themselves and become more familiar with Medicare. As a consumer protection agency, we're closely monitoring the marketplace with our partners to protect Ohioans."

Ohioans should be on alert for fake Medicare communications seeking personal information or money in exchange for any of the following: to help with enrollment, to schedule health services, to sign up for a Part D prescription drug plan or Medicare health plan coverage, and to provide a new Medicare card.

How to protect yourself:

- Never give personal information, including Medicare, Social Security, bank account, and credit card numbers, to anyone who contacts you unsolicited by telephone, email, text, or in person, such as door-to-door sales.
- Medicare will never call you to sell anything, visit your home, or enroll you over the phone unless you called first.
- Medicare or Medicare health plans will only call and request personal information if you're a plan member or you called and left a message.

- Only give certain personal information to your doctors, insurance companies acting on your behalf, or trusted people in the community officially working with Medicare such as the department's Ohio Senior Health Insurance Information Program (OSHIIP).

Report fraud and predatory sales practices:

- OSHIIP partners with Ohio's Senior Medicare Patrol (SMP) to detect and report wrongdoing. The SMP provides education and response to reported Medicare fraud, waste, and abuse. Contact SMP at 800-488-6070.

- If you feel an insurance agent is using high-pressure, fraudulent, or dishonest sales practices, contact the department's Fraud and Enforcement Division at 800-686-1527 or the SMP.

For Medicare plan information and to enroll, visit www.medicare.gov.

To determine the license status of an insurance company or agent, go to www.insurance.ohio.gov. On the website, you'll also find an in-person and virtual OSHIIP Medicare Check-up Day events [schedule](#). OSHIIP representatives are available at 800-686-1578 to answer Medicare questions.

Dementia/Alzheimer's Caregiver Support Group Meets at RLC

Every second Thursday of each month a Dementia/Alzheimer's caregiver support group meets in-person at Redeemer Lutheran Church from 6:30 p.m. to 8 p.m. Meetings are open to all caregivers who wish to attend. Most participants come from the immediate communities. There is no charge to attend.

Within meetings, individuals share caregiver concerns and challenges; group participants provide each other caring support, ideas for self-care, and everyday problem solving and care tips for the person affected by dementia.

The caregiver group is an outreach of the Central Ohio Alzheimer's Association. At the meetings information is shared about the association's services and those provided by other community agencies

Also, every third Thursday of each month, a virtual Dementia/Alzheimer's Caregiver Support Group meets via Zoom, from 6:30 to 7:30 p.m. If you wish to attend, please register through the Alzheimer's Association Helpline, 800-272-3900. After registration, you will receive the Zoom link for the online meeting. (Do not try to register on the national website which is experiencing problems.)

Folks may attend one or both meetings. For questions about registering, contact the group facilitator, **Dottie Odrosky** at 614-237-9291.

Getting Ready for Sunday

19th Sunday after Pentecost, October 3, 2021

Lessons

Readings: Job 1:1, 2:2-10; Psalm 26; Mark 10:2-16

Prayer of the Day

Sovereign God, you have created us to live in loving community with one another. Form us for life that is faithful and steadfast, and teach us to trust like little children, that we may reflect the image of your Son, Jesus Christ, our Savior and Lord. **Amen.**

Intercessions & Thanksgiving

+ For the people of Holy Trinity Lutheran Church, Columbus.

+ For Redeemer community members Jim Riley and Jim Carson.

Each week we remember in our prayers in worship those who cannot be with us and those with special needs and concerns: Bebe McCoy, Robin Stokes, Lea Spang, Bonnie Hegreness, Heidi Carman, Cora Marquez, Mary Kennedy, Kelly Scott, Diane Louangrath, Kevin Bailey's sister Kleta Childs, Kathie and Nancy Ehrich and their niece and sister-in-law, Stan Heacock, Jeremy Davis, Bebe McCoy's brother-in-law Walt and her sister Jan, Brittany Parsons, Lynn Belhorn's friend MaryAnn, Shirley and Jack Miller, Jon Denniss, Mary Bowling's sister Val, Nancy Stinson's brother Tom Starkey, Barbara and David Hairston, Grace and Ken Jones, John Kennedy's niece Michele Wolfe, Kris Kauffman, Karen Kent, Beatrice Watts Young, Arnell Comstock, Dottie Odrosky, Bob Gray, Damon Stewart and family, Bob Rapp, Kathie Ehrich's sister Betty Weaver, Mike Shugert's aunt and uncle Livvy and Jim Schleicher, Sheryl Owens' granddaughter Sophie, Chad Eberle's mother.

Worship Leaders

Presiding Minister	Rev. Dave Shull
Assisting Minister	Karen Collins
Interpreter	Bryan Neal
Crucifer	Skye Andree
Reader	Karen Collins
Cantor	Scott Steiner
Organist	Kathy Rapp
Pianist	Karen Kent
Verger	Wendy Stoica
Usher	Helen Brunston
Producers	Tom Mimplitch, Scott Steiner

*Flowers are given by Donna Voelkel and Ruth Murray in honor of Margie Farnham and Maureen Callahan.
Noisy Offering will be for ELCA Disaster Relief*

Sunday Faith Exploration Class

Re-Introducing Jesus Jesus and Non-Christians - led by Don Luck
In Person and on Zoom

This Week at Redeemer September 28 – October 4, 2021

<u>Tuesday</u>	1:00 p.m.	IN-PERSON & ZOOM Bible Study
	7:00 p.m.	IN-PERSON & ZOOM Journaling Workshop
<u>Friday thru Sunday</u>		Sister Act Retreat at LMC
<u>Sunday</u>	8:45 a.m.	Chime Choir Rehearsal
	10:00 a.m.	IN-PERSON and LIVESTREAM Worship with Holy Communion
	11:15 a.m.	IN-PERSON & ZOOM Adult Education