

# Reflections

VOLUME 25 October 4, 2021 ISSUE 39



As the new school year was starting this fall, a Redeemer member looked back on the past year at Redeemer. The member talked about all the challenges posed by COVID and by the realities of an aging building, and marveled at how we've stepped up to those challenges with creativity and grace by

- helping people stay connected and feel loved
- investing in high-quality live-streaming technology
- replacing furnaces and adding air purifiers
- fixing the problems with the education-wing roofing
- joining the BREAD organization so we can unite with others to make public policies more compassionate
- continuing with our ministries to feed hungry people
- having the most successful basketball camp any of the coaches can remember

Then this member said, "Many things could have set us back. But they didn't. So now we can dream!"

And a voice inside me said, "YES!"

Much in our lives and world remains uncertain. And while the reality of a pandemic makes these times unique, we live in uncertainty all the time. Which is why having a community where we are free to be ourselves and where we love and are loved makes all the difference. Here we know we're not alone in anything we go through.

This past year we've proven with the Spirit's guidance we can make it through whatever happens. So *now we can dream.* 

What's a dream you dream for Redeemer?

By making a generous, grateful financial commitment to this community where we are serious about being a place of kindness and courage, we can make these dreams real. And we can continue to bless those inside and outside these walls.

As Dr. Seuss says, "Today is our day. Our mountain is waiting – let's get on our way!"

With love and gratitude,

Dave Shull

#### In This Issue

Now We Can Dream!

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**Prayers & Personals** 

**Getting Ready for Sunday** 

**OUR CONGREGATION** 

Ministers - All who gather here in the name of Jesus

Pastor – Rev. David Shull

Office Manager – Becky Trover

Custodian – Marshall Edgington Organist/Senior Choir Director-Kathy Rapp

Pianist/Chimes Choir Director -Karen Kent

Reflections Editor - Judith Bird

#### 2021 CHURCH COUNCIL

President – Julie Johnson Vice President – Wendy Stoica Finance Officer – Margie Frazier Secretary – Margie Farnham Worship – Julie Larson Education – Krista Skipper Outreach – Sue Watson

Member Support – Elyce Herring

Property – Sue Yehling Stewardship – Laura Warren

#### **APPOINTMENTS**

**MUTUAL MINISTRY TEAM** 

Margie Farnham Marques Highland Emlyn Ott Krista Skipper

#### SPECIAL FUNDS TEAM

Dave Engel, Chair

Michelle Clemence Nancy Magargal
Jim Riley Terry Warren

**SUNDAY SCHOOL** 

Superintendent - Emily Ott

#### **REDEEMER LUTHERAN CHURCH**

1555 S. James Rd. Columbus 43227 614-237-1263

www.redeemerluth.com



# **The Redeemer Community**

## RLC's Current Worship Protocol: Love Your Neighbor

- \* Masks are required in worship and in other larger group settings.
- \* Both sides of the sanctuary are set up for social distancing.
- \* Those who wish may stand during the opening and closing hymns and the reading of the Gospel.
- \* During the passing of the peace, we suggest you wave or place your palms together under your chin in the "namaste" posture as a way to share the peace in a distanced way.
- \* Individual communion elements are available to pick up insider the Sanctuary door.
- \* If you wish to use one of the first-floor bathrooms, please follow instructions in the bathroom about disinfecting it after your use. Only one person at a time in the restrooms.

#### Planning Underway for 2021 Advent Devotional Booklet

Advent will soon be upon us, and one way Redeemer has observed the season for several years has been the preparation of an Advent devotional booklet, with daily devotions for Advent written by members of the congregation. Members and friends are asked to consider writing a devotional for the booklet this year. Individual devotions should be emailed to **Mary Benis** by **Monday, November 8** for editing.

The list of readings which provide the basis for the devotions is posted on the bulletin board or may be viewed at <a href="https://tinyurl.com/5ym49ynk">https://tinyurl.com/5ym49ynk</a>. Either sign up on the bulletin board or call the church office at 614-237-1263 with your selections to avoid duplications.

## Final LSS-MOFC Food Giveaway Set for Oct. 21

The final Lutheran Social Services (LSS)-Mid-Ohio Food Collective (MOFC) Food Giveaway of the season will be held on **Thursday**, **October 21** on the Redeemer parking lot. It will run from 3 to 6 p.m.

This month, the "extra giveaway" items will be cleaning supplies (wipes, sponges, paper towels, etc.) These are items that cannot be secured with food stamps nor are they a regular item stocked at the monthly giveaways.

**Sue Watson** writes, "We are so grateful for your constant and generous donations every month. On behalf of our giveaway guests, thank you, Redeemer members!"

She also invites folks to try volunteering for the event, saying they will be more than welcome. "We guarantee you'll have a great time helping others! As always, thank you for your support!"

## **Redeemer Schedules BREAD House Meetings**

Over the next week, Redeemer members and friends will gather in small groups or house meetings to talk about a justice issue they care about – something that keeps them up at night, something they wish they could change in some way – all first steps in Redeemer's effort to support the BREAD organization and its identification of issues to address in the coming year.

Redeemer recently joined over 40 area Christian and Jewish faith communities to become a member congregation in BREAD – Building Responsibility, Equality, And Dignity. BREAD builds the power that a large number of committed, engaged people uniquely have to bring their concerns before policymakers. Members of BREAD do research to find policies that have proven effective, present those to policymakers, and ask these policymakers to make a public promise to makes these policies real.

But the first step are the house meetings. Small groups from the congregation gather to talk about what justice issues they care deeply about, and what makes this issue so important to them. The house meeting facilitators will take these issues to a BREAD meeting next month where all the issues that were voiced around the county will be gathered.

At the end of the house meeting, participants will also be invited to see if they might like to stay connected with BREAD during this next year. There's no expectation those who come to a house meeting will get more involved. However, for those who might be curious, they will be informed about what's possible to do to put their passion into action.

Below is a list of the house meetings Redeemer folks are leading over the next several weeks. To be part of one, please let one of the facilitators know. All meetings will be masked or outside.

Thursday, Oct. 7, 6:30 p.m. at Sue Yehling's home in Reynoldsburg

Hosted by Michele Disbro and Kristi Hildebrand

Sunday, Oct. 10, during the 11:15 a.m. adult education hour at the church

Hosted by Michele Disbro and Dave Shull

Sunday, Oct. 10, 4 p.m. at Dave Shull's home in Clintonville

Hosted by Dave Shull

We'd love to hear your voice and listen to your concerns and dreams.

#### Redeemer, Pastor Dave Seek Emergency Contact Info

**Pastor Dave** and Redeemer's Member Care Team would like to be able to contact members' loved ones if something happens to you. Right now, the church doesn't have emergency contact information in the membership files.

As a result, members are asked to email or call **Office Manager Becky Trover** with the information for someone you'd like us to contact if anything happens to you. Even if you're partnered, we'd appreciate having a name on file. The Member Care Team thanks you.

## Sunday Adult Ed Class to Examine 'What Trauma Can Teach Us'

We hear a great deal about trauma these days. Post traumatic stress disorder (PTSD) has become an increasingly common diagnosis and a common topic in the media. But what exactly is trauma? How can we talk about it in meaningful and helpful ways? And what do we have to learn from it?

Redeemer member **Jeff Montgomery** works with questions like this every day. Jeff is a social work supervisor at the Veterans Administration Hospital in Chillicothe. He is part of an effort to implement Trauma Informed Care within the VA nationally. You'll learn a lot more about what that is during these three weeks together starting on **Sunday, October 17**.

**Dr. Gabor Mate** is one of the foremost experts on trauma in the world. He says, "Trauma is not what happened to you. Trauma is what happens inside you, as a result of what happens to you." This means trauma has a lot to teach us.

That's why Jeff and **Pastor Dave** are inviting you to watch and discuss the film "The Wisdom of Trauma" during the 11:15 a.m. Sunday adult education hour on **Sundays, October 17, 24**, and **31**. Learning about trauma beyond our assumptions and beyond stereotypes gives us the ability to change the ways we treat each other as individuals and as groups so we're aware of how we can respond to people in the safest and most healing ways possible. Part of our discussion will be to discover the relevance of this movie to our ministries at Redeemer.

If you'd like to watch the entire film prior to our watching it together in three parts, you can do so between **October 4-10**. Go to *thewisdomoftrauma.com* to register for a viewing.

This class will be available both in-person and on Zoom.

## **Tuesday Bible Study Looks at Jesus' Parables Oct. 5**

The Tuesday Bible Study continues its study of Jesus' parables on <u>Tuesday, October 5</u>. It meets both inperson here at church and on Zoom from 1-2:30 p.m.

To join the group via Zoom, go to the Zoom app and then enter the following information: Meeting ID: 871 3736 6983; Passcode: 619946. To participate by phone, call 646-876-9923. If you don't have the Zoom app, you can join the meeting by copying and pasting the following web address in your browser: https://us02web.zoom.us/j/87137366983?pwd=T0NoUU5ORmNYN1YrajhpZ2hGR09pdz09.

## **Members May Take Produce from Redeemer's Garden**



While Redeemer's Saturday morning Garden Giveaways have now ended, **Jon Disbro** reports that there will still be some produce coming from the garden over the next few weeks that is available to members after worship on Sundays.

## **Slots Available to Sponsor Flowers for Sunday Services**

Since Redeemer has returned to in-person worship, there are lots of openings for folks to sponsor flowers for the Sunday services now into early fall. The flowers, a beautiful addition to Redeemer's livestream, are a great way to recognize a loved one's birthday, an anniversary or to honor an individual important in your life.

A wide choice of dates are available. Cost is \$20/bouquet. The sign-up sheet is on the bulletin board in the hall next to the Library along with the payment envelopes. For those not yet coming in to the church, just call **Office Manager Becky Trover** to sign up. Flowers can be taken home after the Sunday service or picked up later in the week.

## **Noisy Offering to Go to ELCA Disaster Relief Program**

Redeemer's Noisy Offering – that offering of loose "or noisy" change made during communion – continues to be designated for the ELCA Disaster Relief Fund. Not only has Lutheran Disaster Relief responded to the COVID-19 pandemic here in the United States but it has also responded in places around the world, most notably now turning its attention to the coronavirus outbreak in India where it works with partners and companion churches throughout the country. They are supporting communities by distributing food and hygiene kits, conducting livelihood training for migrants, sharing information about COVID-19 and promoting prevention practices.

## **Important Emails**

<u>Dshull@RedeemerLuth.com</u> – use for communicating directly with **Pastor Dave.** 

<u>Info@RedeemerLuth.com</u> – use for communicating with the office, *Reflections* newsletter, **Office Manager Becky Trover**, healing prayer requests or for general information.

<u>MemberCare@RedeemerLuth.com</u> – use for communicating with the Member Care team about needs for personal ministry such as in-home communion, a home visit, meals, etc.

FinSec@RedeemerLuth.com – use for stewardship campaigns.

<u>Itgroup@RedeemerLuth.com</u> – use for communicating with Redeemer's IT Team for items related to the website.

<u>Property@RedeemerLuth.com</u> – use to report items that need repair in the church building.

<u>SundaySchool@RedeemerLuth.com</u> – use to offer suggestions for our Sunday School ministry.

Transportation@redeemerluth.com – use to request temporary transportation assistance.

<u>Communications@redeemerluth.com</u> – use to send church related announcements or pictures for sharing on Redeemer's social media sites. Another way is to tag Redeemer in the posts.

## Publishing Deadlines for Reflections, Sunday Bulletins

#### For Reflections

- PLEASE SUBMIT PRIOR TO 5 P.M. ON SUNDAYS.
- Send to info@RedeemerLuth.com and put *Reflections* in subject line.
- Or leave a note in the *Reflections* mailbox at the top of the stairs outside the church office.

#### **For Sunday Bulletins**

The deadline for information to be published in Sunday bulletins is the **Wednesday morning** before. That information can be sent to the above email: just put "Bulletin" in the subject line.

## **Prayers and Personals**

Prayers for comfort are asked for the family and friends of **Bob Gray** who died Tuesday, September 28. His memorial service was held Saturday, October 2. **Pastor Dave** officiated.

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Prayers for healing are asked for **Danica Denniss** as she recovers from COVID.

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A BIG thank you goes out to Redeemer member **Don Luck** for leading the Adult Faith Exploration Class the last four Sundays. The classes are available on Redeemer's YouTube Channel for those who might have missed them.

#### **October Birthdays**

4-Misato In 4-May Schwarz
6-Tammy McFarland 7-Randy Kuklinski
8-Julie Larson 9-Bill Boys
9-Thea Barbour Harms 11-Sue Watson
15-Jessie Jimison 16-Eileen Day
17-Shari Ayers 19-Renee McFarland
19-Miles Smith 23-Skye Andree
23-Cason Day 23-Sandra Keaton
24-Bret Day 24-Leyton Wolfe
25-Madeline Gosnell 25-Madalyn McGurer
26-Kenndi Jacobs 26-Avery Martin
26-Krista Skipper 27-Brad Phillips
29-Brittany Amon 29-Jeremy Davis
30-Martin Binau 31-John Caron

## **The Wider Church**

## **LSS Issues 2021 Impact Report**

Lutheran Social Services (LSS) issued its 2021 **Impact Report**, highlighting response to the pandemic as it sought to keep its programs open and safe for those seeking shelter, food, housing, safety and health care. As LSS President and CEO Stacy Martin noted, that was "no small task given the congregate living environments we have and the sheer number of people we serve. Our CHOICES shelter alone provided safety to 33 percent more domestic violence victims and their children.

"We have also spent time and resources this year on addressing racism through our anti-racism workgroup, with the goals of promoting education and understanding of racism with LSS employees, eliminating racial disparity and promoting equity in the LSS organization and advocating for racial justice in our communities.

"We also began what we term an ecosystem initiative, which is a network of LSS programs, services and people working together across the agency and in conjunction with diverse community partners to eliminate poverty by ensuring increased opportunities for individual households and challenging social structures that create and maintain poverty, especially in communities of color."

The full report can be found online at <a href="https://tinyurl.com/2xrtufpx">https://tinyurl.com/2xrtufpx</a>.

## **Online Event to Benefit ELCA World Hunger**

Folks are invited to join **ELCA Bishop Elizabeth Eaton** and **Rick Steves**, guidebook author and travel TV host, as they celebrate World Food Day on **Thursday, October 14** beginning at 8:30 p.m.!

This online benefit for <u>ELCA World Hunger</u> will feature interviews hosted by Steves, with people on the ground who are doing the work of fighting hunger around the world. Special guests include **Rev. David Beckmann**, who is being honored for his lifelong service to end hunger; **Rev. Rebel Hurd**;

Willie and Anne Langdji; and Rev. Rafael Malpica Padilla. There will also be special performances by Rachel Kurtz, Peter Mayer and the St. Olaf Choir. "As a vital supporter of the church, we would love for you to join us as we hear compelling stories, listen to wonderful music and gather in fellowship to invest in this life-giving work," Eaton said in a release.

"As a church, we remain focused on supporting our neighbors near and far as the pandemic continues disrupting and impacting lives. At this event, you will learn about the ways ELCA World Hunger is responding. No one is better positioned and more experienced than the church in addressing hunger -- both immediate needs and root solutions. We are ready, able, effective and efficient."

To register, go to https://tinyurl.com/3223ybt3

# **The Community Beyond**

#### **Clinics Offer COVID-19 Vaccines**

Columbus Public Health is offering free COVID-19 Pfizer booster doses to eligible individuals at the following clinics:

**Columbus Public Health, 240 Parsons Ave.** – (Vax Cash available for first dose only while supplies last) - Starting Tuesday, October 5: Mondays, Wednesdays, Thursdays and Fridays • 9 a.m.-4 p.m. and Tuesdays • 11 a.m.-6 p.m.

**Linden Community Center, 1350 Briarwood Ave.** – (Vax Cash available for first dose only while supplies last.) - Mondays • 9 a.m.-4 p.m.

Columbus Fire Station 10 (Drive Thru), 1096 W. Broad St. Starting Tuesday, October 5: Tuesdays • 9 a.m.-4 p.m.

**Barack Community Center, 580 E. Woodrow Ave.** – (Vax Cash available for first dose only while supplies last.) - Wednesdays • 11 a.m.-6 p.m.

**Columbus Fire Station 18 (Drive Thru), 1630 Cleveland Ave.** Starting Thursday, Oct. 7: Thursdays • 11 a.m.-6 p.m.

**Westgate Community Center, 455 S. Westgate Ave.** – (Vax Cash available for first dose only while supplies last.) - Fridays • 9 a.m.-4 p.m.

Flu shots and first doses will also be available at the clinics.

#### **ODI Warns Ohioans about Medicare Scams**

**Department of Insurance (ODI) Director Judith L. French** urges Ohioans on Medicare to guard against scams seeking their personal information when selecting 2022 coverage during the **Friday**, **October 15** to **Tuesday**, **December 7** open enrollment period.

"Fraud is rampant this time of year. Scammers know people are overwhelmed evaluating the different Medicare plans," French said. "I encourage Ohioans to learn how to best protect themselves and become more familiar with Medicare. As a consumer protection agency, we're closely monitoring the marketplace with our partners to protect Ohioans."

Ohioans should be on alert for fake Medicare communications seeking personal information or money in exchange for any of the following: to help with enrollment, to schedule health services, to sign up for a Part D prescription drug plan or Medicare health plan coverage, and to provide a new Medicare card.

#### How to protect yourself:

- Never give personal information, including Medicare, Social Security, bank account, and credit card numbers, to anyone who contacts you unsolicited by telephone, email, text, or in person, such as door-to-door sales.
- Medicare will never call you to sell anything, visit your home, or enroll you over the phone unless you called first.
- Medicare or Medicare health plans will only call and request personal information if you're a plan member or you called and left a message.

- Only give certain personal information to your doctors, insurance companies acting on your behalf, or trusted people in the community officially working with Medicare such as the department's Ohio Senior Health Insurance Information Program (OSHIIP).

#### Report fraud and predatory sales practices:

- OSHIIP partners with Ohio's Senior Medicare Patrol (SMP) to detect and report wrongdoing. The SMP provides education and response to reported Medicare fraud, waste, and abuse. Contact SMP at 800-488-6070.
- If you feel an insurance agent is using high-pressure, fraudulent, or dishonest sales practices, contact the department's Fraud and Enforcement Division at 800-686-1527 or the SMP.

For Medicare plan information and to enroll, visit www.medicare.gov.

To determine the license status of an insurance company or agent, go to <a href="www.insurance.ohio.gov">www.insurance.ohio.gov</a>. On the website, you'll also find an in-person and virtual OSHIIP Medicare Check-up Day events <a href="schedule">schedule</a>. OSHIIP representatives are available at 800-686-1578 to answer Medicare questions.

## **Dementia/Alzheimer's Caregiver Support Group Meets at RLC**

Every second Thursday of each month a Dementia/Alzheimer's caregiver support group meets in-person at Redeemer Lutheran Church from 6:30 p.m. to 8 p.m. Meetings are open to all caregivers who wish to attend. Most participants come from the immediate communities. There is no charge to attend.

Within meetings, individuals share caregiver concerns and challenges; group participants provide each other caring support, ideas for self-care, and everyday problem solving and care tips for the person affected by dementia.

The caregiver group is an outreach of the Central Ohio Alzheimer's Association. At the meetings information is shared about the association's services and those provided by other community agencies

Also, every third Thursday of each month, a virtural Dementia/Alzheimer's Caregiver Support Group meets via Zoom, from 6:30 to 7:30 p.m. If you wish to attend, please register through the Alzheimer's Association Helpline, 800-272-3900. After registration, you will receive the Zoom link for the online meeting. (Do not try to register on the national website which is experiencing problems.)

Folks may attend one or both meetings. For questions about registering, contact the group facilitator, **Dottie Odrosky** at 614-237-9291.

# **Getting Ready for Sunday**

## 20<sup>th</sup> Sunday after Pentecost, October 10, 2021 Lessons

**Readings:** Amos 5:10-15; Psalm 90:12-17; Mark 10:17-31

#### **Prayer of the Day**

Almighty and ever-living God, increase in us your gift of faith, that, forsaking what lies behind and reaching out to what lies ahead, we may follow the way of your commandments and receive the crown of everlasting joy, through Jesus Christ, our Savior and Lord. **Amen.** 

## **Intercessions & Thanksgiving**

- + For the people of Hope Lutheran Church, Columbus.
- + For Redeemer community member Paul Ritter.

Each week we remember in our prayers in worship those who cannot be with us and those with special needs and concerns: Bebe McCoy, Robin Stokes, Lea Spang, Bonnie Hegreness, Heidi Carman, Cora Marquez, Mary Kennedy, Kelly Scott, Diane Louangrath, Kevin Bailey's sister Kleta Childs, Kathie and Nancy Ehrich and their niece and sister-in-law, Stan Heacock, Jeremy Davis, Bebe McCoy's brother-in-law Walt and her sister Jan, Brittany Parsons, Lynn Belhorn's friend MaryAnn, Shirley and Jack Miller,

Jon Denniss, Mary Bowling's sister Val, Nancy Stinson's brother Tom Starkey, Barbara and David Hairston, Grace and Ken Jones, John Kennedy's niece Michele Wolfe, Kris Kauffman, Karen Kent, Beatrice Watts Young, Arnell Comstock, Dottie Odrosky, Damon Stewart and family, Kathie Ehrich's sister Betty Weaver, Chad Eberle's mother, Maureen Callahan and family, Dave Lippert and family, Pamela Andrews and her father, family and friends of Bob Gray

## **Worship Leaders**

<b>Presiding Minister</b>	Rev. Dave Shull
<b>Assisting Minister</b>	Kay Ernsthausen
Interpreter	Bryan Neal
Crucifer	Skye Andree
Reader	Kay Ernsthausen
Cantor	Connie Criswell
Organist	Kathy Rapp
Pianist	Karen Kent
Verger	Wendy Stoica
Usher	Ruth Murray

**Producers** Scott Steiner, Tom Mimlitch

Flowers are given by Judith and Ashley Bird celebrating the wedding of Nate Bird and Alyssha Jordan.

Noisy Offering will be for ELCA Disaster Relief

## **Sunday Faith Exploration Class**

BREAD Listening Event - led by Michele Disbro and Dave Shull

In Person and on Zoom

#### This Week at Redeemer October 5 – 11, 2021

<u>Tuesday</u>	1:00 p.m. 5:00 p.m.	In-Person & Zoom Bible Study Outreach Team
Wednesday	1:00 p.m.	RLC at LSS Food Pantry
<b>Thursday</b>	6:30 p.m.	BREAD listening event at Sue Yehling's home
<b>Sunday</b>	8:45 a.m.	Chime Choir Rehearsal
	10:00 a.m.	IN-PERSON and LIVESTREAM Worship with Holy Communion
	11:15 a.m.	IN-PERSON Education for all ages
	11:15 a.m.	IN-PERSON & ZOOM BREAD listening event
	4:00 p.m.	BREAD listening event at Dave Shull's home