Summary of RLC's Active-Shooter Training

Two officers from the Columbus Police Department's Civilian Response to Active Shooter Events recently presented to 20 or so Redeemer folks. It was the fifth such training these officers had done that week. Below is a summary of my notes. When the new church council meets in January, we will begin to discuss what our next steps should be. One of the changes we have already made is that, about 15 minutes after worship starts, an usher locks the entrance doors from the parking lot. They then regularly check them to be sure anyone who wants to come to worship and happens to be late can do so. Call me if you have any feedback, questions, suggestions, etc.

Summary of Training

Why are there so many different kinds of training programs like this, the officers asked. Each program has a different set of tactics. They have to keep changing because shooters adjust to the different responses. These programs once encouraged people to hide. Now if an individual does that, the shooters will shoot them where they hide. "We don't want people to be easy targets, so we tell people you have to move." Shooters don't often follow folks to a new place; they stay put.

The program they espouse is AVOID/DENY/DEFEND. The key for civilians in any active shooter situation is to *get out* and remove themselves as a target.

AVOID

If you find yourself in an active shooter situation, run. Get out. To be able to get out quickly, you need to have "situational awareness." Whenever you're in public place, look around. See where the exits are. You entered that space through one exit. But where is one other one? If you're in a restaurant, there's always one off the kitchen, so know where the kitchen is. And be aware of "exits" you can create, like breaking open a window with a chair. Hint: always break the lower part of a window, since that part of the window is the weakest and the rest of the window will likely fall out of the frame. Also, remember you can kick through drywall. So a wall can be an exit.

DENY

If a shooter enters the Narthex, don't hide under the pew in the Sanctuary. Wherever you might be if a shooter enters the building you're in, do everything possible to get out. If there aren't ways to get out, try to create physical barriers. Lock the doors if possible. Turn off the lights. Get out of sight. Cover and conceal by getting behind something that can stop the bullets. Look for a barricade that can slow the shooter down or keep them out.

DEFEND

You have a right to defend yourself and fight. Don't fight fairly. What are "weapons of opportunity" you can use? The best defense is an action based on speed, surprise, and violence. If there's a group of you, swarm the suspect. Even an

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OUR CONGREGATION

Ministers - All who gather here in the name of Jesus Pastor - Rev. David Shull Office Manager - Becky Trover Custodian - Marshall Edgington Organist/Senior Choir Director -Kathy Rapp Pianist/Chime Choir Director -

Reflections Editor - Judith Bird

Karen Kent

2022

CHURCH COUNCIL

President - Wendy Stoica Vice President - Michele Disbro Finance Officer - Nathan Ott Secretary - Margie Farnham Worship - Jennifer Young Education - Krista Skipper Outreach - Sue Watson Member Support - Elyce Herring Property - Sue Yehling Stewardship - Laura Warren

APPOINTMENTS

Treasurer - Julianne Johnson

MUTUAL MINISTRY TEAM

Margie Farnham Marques Highland Emlyn Ott **Karen Collins**

SPECIAL FUNDS TEAM

Dave Engel, Chair

Michelle Clemence Nancy Magargal Jim Rilev Terry Warren

SUNDAY SCHOOL

Superintendent - Emily Ott

REDEEMER LUTHERAN CHURCH

1555 S. James Rd. Columbus 43227 info@RedeemerLuth.com 614-237-1263

www.redeemerluth.com



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The Redeemer Community

Sharing of Nativity Sets, Children's Program Set for Sunday, Dec. 18

Members who want to share their Nativity sets are encouraged to bring them on <u>Sunday</u>, <u>December 18</u> when tables will be set up around the Sanctuary.

This is also the Sunday of the children's Christmas program as well. This year the program is "The Littlest Angels" which will be presented during the 10 a.m. worship service.

Advent Devotional Booklets Now Available

Redeemer's 2022 Advent Devotional Booklet is now available in regular and large print versions. Copies can be found in the Narthex for pick up. The devotions will also be available on the Redeemer website: www.RedeemerLuth.com.

If anyone would like a print version mailed to them, please let the office know. Those who would like to receive a daily email with that day's devotion, please contact the office.

Feel free to take as many as you like to share with friends and family – the hard work is done, the printer can easily make as many copies as we need!

Sister Act Collects Toys, Sets Advent Brunch

Sister Act is coordinating the collection of toys and books for infants up through children age 17 to assist the Mid-Ohio Workers Association whose members are the working poor. This organization came to Redeemer's Adult Education class on November 13, and these donations are part of their holiday efforts.

Toys are needed for all ages 0-17 and should be unwrapped. They need to be delivered by **Thursday, December 15**. This is in lieu of Redeemer's adopting a family from Berwick School this year. Toys are due **Sunday, December 11**.

"Thank you all for your support.

In addition, Sister Act is planning its annual brunch for <u>Saturday</u>, <u>December 10</u> at 10 a.m. at The Woodbury (215 E Town St. in downtown Columbus). Those interested in attending should contact **Kay Ernsthausen** at <u>kaernsthausen@gmail.com</u>.

Tuesday Bible Study Continues Dec. 6

The Tuesday Bible study continues its examination of the book of Hebrews on <u>Tuesday</u>, <u>December 6</u>. To join the Zoom meeting, go to the Zoom app and then enter the following information: Meeting ID: 898 1666 2484; Passcode: 072258. To participate via phone, call 646 876 9923. For those who don't have the Zoom app, they can join the meeting by copying and pasting the following web address in your browser: https://us02web.zoom.us/j/89816662484?pwd=UnpVZHV3M2ZTSW14K1R1VnRySXliQT09

Members Urged to Get Photo Taken for New Directory

Karen Rider and **Linda Williams** have started taking pictures of families before and after church so plan to stop by! This will done only for the next couple weeks.

Members who are homebound or need some special arrangements are asked to contact **Linda Williams** and she will schedule a time to come take your picture.

The team is hoping to roll out the new photo directory in 2023.

So, please be sure get your picture taken in the next month. "We want the current version of you in our directory!" **Michele Disbro** said.

Adult Education Class Continues with 'When Did We See You?' Hearing from Those Who Minister with the 'Least of These'

As Redeemer continues its "Loving the Least of These" Adult Education series, here are the speakers who will be speaking over the coming weeks. Each of them will talk about the realities their clients face, what services they offer, and how individuals and congregations might form relationships with them. Classes meet from 11:15 a.m.-12:15 p.m. Sunday mornings.

<u>December 11</u>: Joel Call, distribution center manager for Lutheran Social Services Food Pantries <u>December 18</u>: Lillian Howard, director of clinical and supportive services, Lutheran Social Services CHOICES for Victims of Domestic Violence, will join us via Zoom.

All these sessions will also be streamed on Zoom. To join the Zoom Meeting, go to the Zoom app and enter Meeting ID: 857 6635 5631; Passcode: 312394. Or go online and enter this link: https://us02web.zoom.us/j/85766355631?pwd=enM2bDNUV3NrK0Z5UTBxTU1pVXRQdz09. Or phone 312-626-6799.

Interested in Joining Redeemer?

Persons interested in joining Redeemer – or exploring what membership means – are asked to contact **Pastor Dave** by the beginning of January. He will set up a dinner at his home with you and several folks from Redeemer to talk about their experiences and how they came to find a meaningful faith community here.

He can be reached by calling 614-237-1686 or 206-725-3785 or via email at DShull@RedeemerLuth.com.

January Book Group Book 'Crossover' with Adult Ed

Redeemer's January book group will be part of an expanded Sunday morning adult education program on <u>January 22</u>. At 11:15 a.m. that day, the group will watch the documentary "Weapons of the Spirit." This film tells the story of the January book, Philip Hallie's *Lest Innocent Blood Be Shed*, which is the true story of a village in France whose residents rescued 5,000 Jews during the Nazi occupation. It's a story of courage, faith, and the daily choice to do good.

The 90-minute documentary was made by a filmmaker whose family was rescued by this village. The group will watch the film, enjoy a potluck, discuss it, and discuss the book. Those who don't wish to stay for the book discussion can leave at any time. The discussion will be done by 2 p.m.

LSS Helps 483 Families with Thanksgiving Bags

THANK YOU to all who filled Thanksgiving bags for Lutheran Social Services (LSS) to distribute to those who needed assistance this holiday. Redeemer collected 74 bags of food which were given away on **Monday, November 21**. A total of 483 families were assisted that day. Besides the bags, the guests were given a turkey (or a chicken) along with an assortment of fresh vegetables.

Kathy Zwanziger reports, "It was a pleasure to see the thankfulness on so many faces! Thanks for helping make those smiles!"

Letting Someone Know Your 'Under Radar' Activities around Here

A request from **Pastor Dave**: "There are lots of things around the church that mysteriously seem to get done. Often they've been done by the same person for years. And they're done under the radar screen of all of us – except whoever does them. It's fantastic so many of you do so much without drawing attention to yourselves, and, on behalf of the congregation, I thank each of you for all you do. The only problem is that when, for whatever reasons, you can't do these tasks anymore, we don't know that we need to make sure they're done by someone else.

"Becky Trover words our invitation to you well: Could you be sure some church leader knows what you're doing? Oftentimes we don't notice that the robes are magically always clean and mended, the kitchen is magically cleaned, certain supplies magically never run out, paint is magically touched up, and like that – until one day they're not. God bless you angels who take care of those things!

"So could you please make sure whoever leads the ministry area you're blessing the congregation in an under-the-radar kind of way knows what you're doing? THANK YOU!!"

BREAD Holds Research Kickoff Dec. 5

On November 15, BREAD met for the Annual Assembly at Christ the King Catholic church and on Zoom. ABC News coverage of the event can be found online at https://tinyurl.com/3texjxrz. The Annual Assembly is one of the four major BREAD events that happen during the year. **Pastor Dave** gave the

report on the 2022 Listening process. The committees gave reports on the status of five issues from the roadmap:

- **Juvenile Justice** reported on the importance of helping kids learn to communicate their feelings. In the first month of school, Columbus City Schools (CCS) had 97 fights. CCS has committed to have Restorative Practices, which are proven to reduce violence, in every school by 2026. BREAD also learned that restorative practices will now be included in the superintendent's annual evaluation which will lead to more accountability. Staff will have two additional trainings this school year, and five high schools are part of a pilot program with a special focus on student-led restorative practices.
- "Family First! Housing Now!" reminded attendees that there is still in a housing crisis. The voters approved a bond package that provides \$200 million for affordable rental and home-ownership programs, efforts to keep housing affordable in certain areas (including the Near East Side), and programs to house people who are homeless. This was a big win! But many people are being evicted and end up living in their cars or in tents. BREAD is holding a protest at Crew Stadium on <u>Thursday</u>, <u>December 1</u>. Anyone who wants to participate will meet at 5:30 p.m. and the protest will run from 6-7 p.m.

Municipal ID explained that thousands of families cannot access available aid because it requires an ID. A municipal ID would fill that need. **Police Chief Elaine Bryant** is from Detroit where they have a successful municipal ID program. To help, sign the letter at the following link to tell city council that the city needs a municipal ID: https://actionnetwork.org/petitions/one-id-columbus

- "Stop Violence! Build Trust!" As previously reported, Columbus signed on to the National Network for Safe Communities' (NNSC) Group Violence Intervention (GVI) as recommended by BREAD. "We need ongoing commitment to continue with it." This is good news as **Robert Clark**, director of public safety, has made a serious commitment to GVI. Under his leadership, a team of six has been hired to work with NNSC to implement the initiative with fidelity. The initiative will be ramping up in the winter of 2023 to reduce violence among gangs. Clark attended the Annual Assembly and spoke about the need to reduce violence in the city. He committed to work with BREAD and attend the Nehemiah Action in April.
- **Non-police Crisis Response**. BREAD has been working collaboratively with the Columbus Safety Collective on a \$10 million proposal to the city of Columbus to implement a non-police crisis response team that will respond to 911 calls involving individuals struggling with mental health. It is anticipated that a full proposal will be submitted to city council for approval in early 2023.
- **A.B.L.E. Training.** BREAD leaders participated with the U.S. Attorney for Southern Ohio in a training for Active Bystandership for Law Enforcement for the Hamilton County Sheriff's Department. BREAD has asked **Police Chief Elaine Bryant** to submit an application for the free training provided by the Georgetown School of Law. No commitment has been made to date.
- Environmental Justice. People are suffering from more rain, more heat and worse air quality. One mature tree absorbs 500 gallons of rain, lowers the temperature 20 degrees and provides oxygen for a family of four. Studies show that more trees are linked to less crime. According to BREAD, legislation for both public and private trees is needed. Steven Horhut, Columbus Recreation & Parks, said that he explains his job to kids by telling them he is The Lorax since he speaks for the trees like the character in the Dr. Seuss book. He committed to having a consultant under contract to begin drafting a private tree protection ordinance by June 1, 2023. He also committed to attend the Nehemiah Action.

Redeemer was recognized as one of the faith communities in which 50 percent of the network members have made an investment of at least \$5 in BREAD. New officers in the executive committee were also voted in and installed.

The next BREAD event is the Research Kickoff on Monday, December 5.

2023 Flower Chart Available

Have an event to celebrate or remember? Somebody's birthday to recognize? The chart to sign up for flowers for Sunday services in 2023 is now on the bulletin board next to the library.

Flowers run \$20 and can be paid ahead of the date by using the envelopes that are also available on the bulletin board. The envelope provides additional space for spelling out the designation – information that is shared in *Reflections* and the Sunday bulletin.

Folks can also call **Office Manager Becky Trover** to sign up. Flowers can be taken home after the Sunday service or picked up later in the week.

Sign Up Now to Read at Worship Services

Readers for Sunday morning services can now sign up for dates over the summer. Readers, including youth and children, are encouraged to sign up on the sheet on the bulletin board, next to the Library.

Readings are sent out the week before to give folks a chance to go through the lessons ahead of Sunday mornings. **Readers of all ages are encouraged to participate.**

Summary of RLC's Active-Shooter Training cont'd from p. 1

armed shooter can't withstand five people swarming around him. Don't just let the person do what they want. Try to grab the gun. Position yourself out of view.

Statistics around active shooter events

- With most active shooters, every 15 seconds there's a new casualty.
- Where active shooter events take place:
 - 49 percent commerce
 - 25 percent schools
 - 14 percent outdoors
 - 12 percent others
- Even though the average time for law enforcement to respond to a call about an active shooter is 3 minutes, 55 percent of attacks end prior to police arrival.
- 80 percent of active shooters are white males between 18-25 years of age.

For a book about active shooters and the responses of people in active shooter situations, the presenters recommended *The Unthinkable* by **Amanda Ripley**. Ripley talks about the following dynamics for those in the midst of an active-shooter event:

• **Denial**: The writer finds a "normalcy bias." You hear a pop-pop, and think, "Is that a gun?" Then you talk yourself into believing it's firecrackers or a car backfiring, even though no cars have backfired since the 1990s, and it's not the Fourth of July!

Another way denial shows up is peer pressure: A survivor of Columbine said, "I knew I needed to get out, but when I saw my peers hiding under tables, I got back under the table."

• **Deliberation**: It's common for people in active-shooter situations to "Go into black": you feel like your heart's going to explode, so you freeze; you simply stop functioning. It's something long-distance runners experience. You engage in "milling": staring, sitting, stuck.

Trying to collect belongings before fleeing the scene can be deadly. On 9/11, a higher percentage of people on the 40th floor of the trade centers survived than on the fourth floor. Why? After evacuating the building, people on the fourth floor went back in to gather their stuff.

• **Decisive Moment**: Panic comes. That's why, as soon as you enter a space, you look for an exit in addition to the one you came in. You get into self-preservation mode. Keep calm and carry on. As was mentioned above, look around to see where all the possible doors, windows, and exits are. Do focused breathing to try to calm yourself. In breath to the count of four; hold for four; exhale to four. Shift your emotion to tell yourself: *I'm going to go home tonight*.

All of us at the training were quite impressed by the presenters, and thought it would be good to have them come back at some point so others in the congregation and those in the neighborhood might benefit from hearing them.

Important Emails

<u>Dshull@RedeemerLuth.com</u> – use for communicating directly with **Pastor Dave.**

<u>Info@RedeemerLuth.com</u> – use for communicating with the office, *Reflections* newsletter, **Office Manager Becky Trover**, healing prayer requests or for general information.

<u>MemberCare@RedeemerLuth.com</u> – use for communicating with the Member Care team about needs for personal ministry such as in-home communion, a home visit, meals, etc.

FinSec@RedeemerLuth.com – use for stewardship campaigns.

<u>Itgroup@RedeemerLuth.com</u> – use for communicating with Redeemer's IT Team for items related to the website.

Property@RedeemerLuth.com – use to report items that need repair in the church building.

<u>SundaySchool@RedeemerLuth.com</u> – use to offer suggestions for our Sunday School ministry.

<u>Transportation@redeemerluth.com</u> – use to request temporary transportation assistance.

<u>Communications@redeemerluth.com</u> – use to send church related announcements or pictures for sharing on Redeemer's social media sites. Another way is to tag Redeemer in the posts.

Publishing Deadlines for Reflections, Sunday Bulletins

For Reflections

- PLEASE SUBMIT PRIOR TO 5 P.M. ON SUNDAYS.
- Send to info@RedeemerLuth.com and put *Reflections* in subject line.
- Or leave a note in the *Reflections* mailbox at the top of the stairs outside the church office.

For Sunday Bulletins

The deadline for information to be published in Sunday bulletins is the **Wednesday morning** before. That information can be sent to the above email: just put "Bulletin" in the subject line.

Prayers and Personals

Prayers for healing are asked for **Kathy Zwanziger** who is having outpatient surgery this week, for **Kelley Franks** who concludes her cancer treatment this week and for **Skye Andree**. It was good to see Skye in church Sunday!!

+ + +

<u>Member Directory Update:</u> The **Disbros** have dropped their landline phone. Jon can be reached at 614-832-2639 and Michele can be reached at 614-286-0573.

Advent Signups Still Available

There are a number of sign-up sheets available related to the upcoming midweek advent services: for cantors, for volunteers to share their stories and, last but not least, for Advent desserts. This year, folks are asked to share about a time they felt led. When did you find yourself on a path you didn't expect to be on, one that perhaps you don't even remember choosing? How did you respond? What happened? There is one slot open for Wednesday, December 21.

Please consider ways to add to the observation of the Advent season here at Redeemer and sign up. There are also open slots for cantor (December 21) and desserts (two more for December 14 and

three for December 21.)

Members Urged to Keep Car Doors Locked while at Church

A few Sundays ago, the usher noticed that someone was in the parking lot, trying car doors as the church service was underway. Members are urged to lock their car doors anytime they are at church.

December Birthdays

6-Isabella Skoog 6-Sophia Skoog 8-Payton Friederich 8-Bob Rapp 10-Eric Hutton 15-Mindy Eakin 19-Darren Baldogo 19-Joe Darst 19-Novella Hinkle 21-Kolya Larson 24-Julie Johnson 25-Doug Eakin 26-Emily Kent 27-Sue Darst 27-Paul Ritter 29-Tom Comstock 31-John Kennedy 31-Emma Martin

The Wider Church

Wittenberg Choir Sponsors Lessons, Carols for Advent/Christmas

The Wittenberg University Choir will hold its annual Lessons and Carols service of song this **Friday**, **December 9** at 7:30 p.m. in Weaver Chapel on the campus of the university in Springfield.

The choir, Wittenberg Singers and Brass Quintet will offer music under the theme of *JOY*.

Lessons and Carols is a special tradition at Wittenberg, with music for the Advent and Christmas season interspersed with scripture readings. It closes with a candle-lit singing of *Silent Night*.

Doors open at 6:30 p.m. with pre-service music offered. Tickets are not required this year.

Good Gifts Catalogs Available

The ELCA Good Gifts catalogs offer more than 50 different gift-giving options that will delight recipients even as the gifts fight hunger, transform lives, and grow the church. Starting at just \$10, these gift ideas make it easy (and fun) to honor friends and family and, at the same time, make a difference. Pick up your catalog in the narthex soon.

Getting Ready for Worship Third Sunday of Advent, December 11, 2022

Lessons

Readings: James 5:7-10; Luke 1:46-55; Matthew 11:2-11

Prayer of the Day

Stir up the wills of all who look to you, Lord God, and strengthen our faith in your coming, that, transformed by grace, we may walk in your way; through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

A Prayer for Ukraine

For those who are fleeing: sanctuary
For those who are staying: safety
For those who are fighting: peace.
For those whose hearts are breaking: comfort
For those who see no future: hope.

Intercessions & Thanksgiving

- + For the people of St. Paul Lutheran Church in St. Louisville.
- + For Redeemer community members David Detweiler and Brian Fear.

Each week we remember in our prayers in worship those who cannot be with us and those with special needs and concerns: Bebe McCoy, Robin Stokes, Bonnie Hegreness, Heidi Carman, Mary Kennedy, Kevin Bailey's sister Kleta Childs, Kathie and Nancy Ehrich and their sister Betty Weaver, Jeremy Davis, Bebe McCoy's brother-in-law Walt and her sister Jan, Brittany Parsons, Jon Denniss, Mary Bowling's sister Val, John Kennedy's niece Michele Wolfe, Sam Hudson, nephew of Laura and Terry Warren, on being deployed to Bulgaria, Kelley (Scott) Frank, Brittany Amon, Becky Trover's sister Maddie Sutphin, Skye Andree.



Worship Leaders

Presiding Minister Pastor Dave Shull Assisting Minister Mary Benis

Reader Kathleen Zwanziger Cantor Jennifer Young

ASL Interpreter Bryan Neal/Kiarra Santiago

Organist & Senior Choir Director
Pianist & Chime Choir Director
Usher

Kathy Rapp
Karen Kent
Ruth Murray

Verger Michelle Clemence/Wendy Stoica

Communion Prep Michele Disbro, Eileen Day, Becky Fisher

Producers Sue Yehling, Scott Steiner

Hospitality Dani Denniss

Flowers given by the Kathleen Zwanziger to celebrate Eric's birthday Noisy Offering will go to Lutheran Disaster Response.

Upcoming Week at Redeemer

December 6-December 12, 2022

Tuesday	11:00 a.m.	CANCELLED Member Care Team (being rescheduled for January)
	1:00 pm	IN-PERSON and ZOOM Bible Study
	5:00 p.m.	ZOOM Outreach Team
	7:30 p.m.	Berwick Civic Association
Wednesday	12:30-3 p.m.	RLC at LSS Food Pantry
	6:15 p.m.	Advent Desserts
	7:00 p.m.	Advent Midweek Service, Holden Evening Prayer
Thursday	6:30 - 8:00 p.m.	Caregivers Support Group
Saturday	10:00 am	Sister Act Brunch – see article for details
Next Sunday	8:45 am	Chime Choir Rehearsal
	10:00 am	IN-PERSON and LIVESTREAM Worship
		with Holy Communion
	11:15 am	Senior Choir Rehearsal
	11:15 a.m.	Sunday School for All
	11:15 am	IN-PERSON and ZOOM Adult Education