



Reflections

VOLUME 27

January 3, 2023

ISSUE 1

Looking at the Importance of *Intentions*

I'm not the kind of person who makes new year's resolutions. Maybe it's because I used to make them, but I lacked any kind of follow-through. So they started to feel like empty gestures.

Toward the end of this past year, though, I've been reading about the importance of *intentions*. These writers have emphasized how crucial it is to think about what's important to you and what kind of person you want to be, and then to make choices to put those values into practice. If we just live day-to-day, without having a picture of the kind of life we want to live and ideas about how to create the life we intend, then it's unlikely we'll get there. Simply to begin the day by saying to yourself, and anyone you'd like to have help hold you accountable, "Today, I will live with courage" or "I will live with kindness" or "I will be playful," and reminding yourself of that intention as you go through your day, can make it likely you will do that.

It's about choosing and believing you have power to make your choices real. I used to end emails or texts or letters or conversations with people with a wish like, "Have a good day." Now, more and more, I'll say, "Make it a good day." How is that different? The latter says, to a large extent, we have the power to create what happens to us. We don't just have to go through our day hoping some good things will happen. We choose what we'll do and not do, and how we'll respond to what happens. We're not at the mercy of what's going on around us. We have the power to make decisions that shape what our lives look like today, next week, next month.

How do you want to live today? What kind of energy do you want to put out in the world? What can you do to make sure that happens? When something comes up that you didn't expect or want to have to deal with, how do you choose to respond, as opposed to saying, "That *makes* me angry!", which isn't really true, since nothing can *make* us feel anything. We can choose. We can set an intention for how we want to live, and then choose how to bring that into our day.

It helps me to remember that as I enter 2023. It helps me remember I can begin to live in new ways any day. January 1 just seems a good time to start.

As we begin this new year together as Redeemer, I offer this blessing for the new from a man who died way too young, and who, in his short lifetime, left us words that call out of us ways to live, feel, and think we never knew were there.

Think about what would make 2023 one you feel good about ... and make it real!

For a New Beginning

In out-of-the-way places of the heart,
where your thoughts never think to wander,
this beginning has been quietly forming,
waiting until you were ready to emerge.
For a long time it has watched your desire,
feeling your emptiness growing inside you,
noticing how you willed yourself on,
still unable to leave what you had outgrown.
It watched you play with the seduction of safety
and the gray promises that sameness whispered,
heard the waves of turmoil rise and relent,
wondered would you always live like this.

In This Issue

[Looking at the Importance of Intentions](#)

[The Redeemer Community](#)

[The Wider Church](#)

[Prayers & Personals](#)

[Getting Ready for Sunday](#)

OUR CONGREGATION

Ministers - All who gather here in the name of Jesus

Pastor - Rev. David Shull

Office Manager - Becky Trover

Custodian - Marshall Edgington

Organist/Senior Choir Director -

Kathy Rapp

Pianist/Chime Choir Director -

Karen Kent

Reflections Editor - Judith Bird

2023

CHURCH COUNCIL

President - Michele Disbro

Vice President - Krista Skipper

Finance Officer - Nathan Ott

Secretary - Sue Watson

Worship - Jennifer Young

Education - Katie Jacobs

Outreach - Diane Brobeck

Member Support - Elyce Herring

Property - Sue Yehling

Stewardship - Laura Warren

APPOINTMENTS

Treasurer - Julianne Johnson

MUTUAL MINISTRY TEAM

Margie Farnham Marques Highland

Emlyn Ott

SPECIAL FUNDS TEAM

Dave Engel, Chair

Michelle Clemence Nancy Magargal

Jim Riley Terry Warren

SUNDAY SCHOOL

Superintendent - Emily Ott

REDEEMER LUTHERAN CHURCH

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Columbus 43227

info@RedeemerLuth.com

614-237-1263

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The Redeemer Community

Overview of Proposed 2023 RLC Budget Set for Jan. 8

The congregation will vote on Redeemer's proposed 2023 budget at the annual congregational meeting on **Sunday, January 29**. In preparation for that vote, this **Sunday, January 8**, the Church Council invites members and friends to attend a presentation on the budget after worship that is both in-person and on Zoom. It begins at 11:15 a.m.

This will be a time to learn about how Redeemer's budget works, what's in it, and to ask questions.

Council's hope is that this opportunity will help members feel more informed prior to discussing and voting on the budget at the end of the month. And Council hopes the questions and comments will help them present a budget to the congregation which is clear, transparent, and accurate.

To join the Zoom session; go to the Zoom app and then enter the following information: Meeting ID: 865 9168 0137; Passcode: 520176. To participate via phone, call 312-626 -6799. For those who don't have the Zoom app, they can join the meeting by copying and pasting the following web address into the browser: <https://us02web.zoom.us/j/86591680137?pwd=dEYvV09FM1JzMXEzbFZrWjlydzdyZz09> .

Adult Ed Class to Look at Personal Finances

On **Sunday, January 15**, the Sunday Adult Ed Class will examine the question "How To Take Care Of Our Own Financial Well-Being And Reduce Money-Related Stress?"

The presenter is Berwick resident **Helen Wang**, who has gotten involved in Redeemer's journaling class, monthly book group, and food giveaways. She helps people to learn financial knowledge and skills so they can manage their own money better.

Owner of Money Coach Helen, LLC, says, "Every question is a great question, no judgment, no pressure. Let's share ideas related to gifting, inflation, funding kids' college, money habit, retirement, and if money can buy happiness.

"Family finance is a team effort. Please feel free to invite your spouse/partner and kids to join our discussion."

It runs Sunday morning from 11:15 a.m. to 12:15 p.m. in Room 2.

Tuesday Bible Study Begins Again on Jan. 3

The Tuesday Bible study will continue its examination of the book of Hebrews when it reconvenes on **Tuesday, January 3**. To join the Zoom meeting, go to the Zoom app and then enter the following information: Meeting ID: 898 1666 2484; Passcode: 072258. To participate via phone, call 646 876 9923.

For those who don't have the Zoom app, they can join the meeting by copying and pasting the following web address in your browser:

<https://us02web.zoom.us/j/89816662484?pwd=UnpVZHV3M2ZTSW14K1R1VnRySXliQT09>

Interested in Joining Redeemer?

Persons interested in joining Redeemer – or exploring what membership means – are asked to contact **Pastor Dave** by the beginning of January. He will set up a dinner at his home with you and several folks from Redeemer to talk about their experiences and how they came to find a meaningful faith community here.

He can be reached by calling 614-237-1686 or 206-725-3785 or via email at DShull@RedeemerLuth.com.

January Book Group Book 'Crossover' with Adult Ed

Redeemer's January book group will be part of an expanded Sunday morning adult education program on **January 22**. At 11:15 a.m. that day, the group will watch the documentary "Weapons of the Spirit." This film tells the story of the January book, Philip Hallie's *Lest Innocent Blood Be Shed*, which is the true

story of a village in France whose residents rescued 5,000 Jews during the Nazi occupation. It's a story of courage, faith, and the daily choice to do good.

The 90-minute documentary was made by a filmmaker whose family was rescued by this village. The group will watch the film, enjoy a potluck, discuss it, and discuss the book. Those who don't wish to stay for the book discussion can leave at any time. The discussion will be done by 2 p.m.

January Theme for Narthex Art Display Turns to 'Light'

In keeping with the Epiphany season, the theme for the January Narthex art exhibit is "Light." Although the exhibit will be going up shortly, folks are still encouraged to loan personal artwork for the exhibit. This is the second installation in the rotating art exhibit for the Narthex. The first, which came down Sunday, revolved around the Madonna and nativity scenes.

Michele Disbro urges folks not to share valuable art.

There is a form to fill out releasing Redeemer from responsibility as well as to describe the item.

Spotlight on BREAD Network Member Margery Iehle

Kristi Hildebrand reports that BREAD Network Members were asked to answer a handful of questions. Their answers have been shared in *Reflections* during 2022. Here is the latest installment featuring **Margery Iehle**, mother of **Emily Ott**.

Name: **Margery Iehle**

Justice issue that keeps you up at night: The need for children to be well cared for, physically and emotionally, is a concern that stays on my mind. I know that the situations of children cannot be separated from the issues facing the whole population, and are a result of the social issues that the adults face. I do, however, worry that it is easy for child specific needs to be lost in the shuffle. Children whose developmental years are spent in environments negatively impacted by any of the social justice issues are robbed of having a fair chance to simply be children. I worry that the ripple effects of such stressful growth and development will cause damage well beyond that which we can even see.

Why did you join the justice ministry/become a network member of BREAD? While I am pleased to be able to show support to this effort, I cannot say that it was a planned action on my part. Sadly, I was not aware of the BREAD group, nor was I up to speed on the needs that are specific to the Columbus area. I was asked by my daughter (**Emily Ott**) to be part of this and became aware of the goals and activities of the group through her information and involvement.

What is your favorite kind of bread? Dark rye bread is my favorite bread.

What is your justice prayer for 2022? My prayer is that people from all walks of life, from all socio-economic levels, from all ethnic backgrounds, religious affiliations, political leanings, or those of any age will feel open to the idea of working together for the good of all. I pray that somehow everyone will be willing to set aside hateful reactions to those who seem different so that solutions to problems can be found, not just argued about. I pray that we can all accept the worth of others as being equal to that which we see in ourselves.

Upcoming BREAD Date:

Nehemiah Action: **Tuesday, April 25, 2023** at the Celeste Center (Ohio State Fairgrounds).

2023 Flower Chart Available

Have an event to celebrate or remember? Somebody's birthday to recognize? The chart to sign up for flowers for Sunday services in 2023 is now on the bulletin board next to the library.

Flowers run \$20 and can be paid ahead of the date by using the envelopes that are also available on the bulletin board. The envelope provides additional space for spelling out the designation – information that is shared in *Reflections* and the Sunday bulletin.

Folks can also call **Office Manager Becky Trover** to sign up. Flowers can be taken home after the Sunday service or picked up later in the week.

Sign Up Now to Read at Worship Services

Readers for Sunday morning services can now sign up for dates over the summer. Readers, including youth and children, are encouraged to sign up on the sheet on the bulletin board, next to the Library.

Readings are sent out the week before to give folks a chance to go through the lessons ahead of Sunday mornings. **Readers of all ages are encouraged to participate.**

Looking at the Importance of *Intentions* *cont'd from p. 1*

Then the delight, when your courage kindled,
and out you stepped onto new ground,
your eyes young again with energy and dream,
a path of plentitude opening before you.
Though your destination is not yet clear
you can trust the promise of this opening;
unfurl yourself into the grace of beginning
that is at one with your life's desire.
Awaken your spirit to adventure;
hold nothing back, learn to find ease in risk.
Soon you will be home in a new rhythm,
for your soul senses the world that awaits you.

John R. O'Donohue
The Book of Blessings

Dave Shull

Important Emails

Dshull@RedeemerLuth.com – use for communicating directly with **Pastor Dave**.

Info@RedeemerLuth.com – use for communicating with the office, *Reflections* newsletter, **Office Manager Becky Trover**, healing prayer requests or for general information.

MemberCare@RedeemerLuth.com – use for communicating with the Member Care team about needs for personal ministry such as in-home communion, a home visit, meals, etc.

FinSec@RedeemerLuth.com – use for stewardship campaigns.

Itgroup@RedeemerLuth.com – use for communicating with Redeemer's IT Team for items related to the website.

Property@RedeemerLuth.com – use to report items that need repair in the church building.

SundaySchool@RedeemerLuth.com – use to offer suggestions for our Sunday School ministry.

Transportation@redeemerluth.com – use to request temporary transportation assistance.

Communications@redeemerluth.com – use to send church related announcements or pictures for sharing on Redeemer's social media sites. Another way is to tag Redeemer in the posts.

Publishing Deadlines for *Reflections*, Sunday Bulletins

For *Reflections*

- **PLEASE SUBMIT PRIOR TO 5 P.M. ON SUNDAYS.**
- Send to info@RedeemerLuth.com and put *Reflections* in subject line.
- Or leave a note in the *Reflections* mailbox at the top of the stairs outside the church office.

For Sunday Bulletins

The deadline for information to be published in Sunday bulletins is the **Wednesday morning** before. That information can be sent to the above email: just put "Bulletin" in the subject line.

Prayers and Personals

Prayers for comfort are asked for the family of **Jeanne Eakin** who died early Sunday, January 1. Details for her service are forthcoming.

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Prayers for healing are asked for **Laura Warren's** brother **Walter Hudson** who begins new treatments as his cancer has spread.

Prayers are also asked for **Mary Watts**, mother of **Karen Kent** and **Kathy Rapp**, who has been hospitalized. They continue to be asked for **Kathy Zwanziger** and **Harretta Edgington** who are having ongoing health issues, and for **Skye Andree**.

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Member Directory Update: **Dora Pinder** has a new mailing address: PO Box 30854, Columbus OH 43230-0854.

Three-Year-Olds to Receive Bibles

Redeemer's three-year-olds will receive their first **Bibles** this coming Sunday, January 8. Those eligible to receive their **Bibles** are **Isaac Marquez**, **Carson Spahn** and **Malcolm Highland**.

An Update from Kathy Z

Kathy Zwanziger writes, "Genetics is a fascinating topic. For years, because of my family genetics, I simply assumed I would be on dialysis eventually. When the topic of a transplant was introduced, I thought perhaps I could skip the dialysis segment. That didn't turn out to be the case. The second attempt to 'place' a PD catheter was successful. After three to six weeks of healing and at least a week of training, I will begin Peritoneal Dialysis. In the meantime, as I adjust to this new reality, I am trying very hard to **not** sneeze, cough, or laugh!"

'Christ in Our Home' Available

The January-March, 2023 edition of "Christ in Our Home" is now available in the Narthex for anyone who would like a copy. Or, it can be mailed. Just contact **Becky Trover** in the church office to request a copy be mailed to your home. Reach her at 614-237-1263 or via email at info@redeemerluth.com.

Members Urged to Keep Car Doors Locked while at Church

A few Sundays ago, the usher noticed that someone was in the parking lot, trying car doors as the church service was underway. Members are urged to lock their car doors anytime they are at church.

January Birthdays

1-Connie Criswell 2-Don Luck
4-Kristen Ullman 5-Tamara Wawrosch
9-Marques Highland 11-Rich Pautsch
13-Michelle Skoog 16-Melissa Vivens
20-David Detweiler 20-Corinne Montgomery
20-Tony Naess 20-Eric Vivens
21-Elizabeth George 21-Shirley Miller
22-Maureen Callahan 22-Shirley Cannon
24-Sophia Brush 24-Marshall Edgington
24-Kathy Rapp 24-Heath Wolfe
25-Rosalie Highland 26-Jeff Montgomery
28-Bebe McCoy

The Wider Church

CU Invites Folks to Its 'MLK Day of Learning'

Capital University invites members of its ELCA congregational partners to its 32nd annual "Martin Luther King Jr. Day of Learning" on **Monday, January 16** beginning at 8 a.m. The theme of this year's event is "A New Day for All of Us." Community members, faculty, students, staff, alumni, and congregational partners will come together to celebrate the legacy of **Dr. Martin Luther King Jr.** and Capital's commitment to the community.

The day's activities include service projects, workshops, a jazz luncheon, and keynote by **Zellie Imani**, an educator and community organizer with Black Lives Matter.

All can **register today** at this link: <https://bit.ly/3iU0xT>

The Community Beyond

Green Lawn Offers Free Seminar on Funeral Planning

The Green Lawn Cemetery Association in conjunction with Edwards Funeral Service will offer two free seminars on funeral pre-planning on **Thursday, January 12** at the TAT Ristorante DeFamiglia at the corner of James and Livingston. The sessions are at 11:30 a.m. and 6 p.m. and include a complimentary meal.

Speakers include **Matthew Wolf** and **Heather Gilham**. They will cover topics such as the cost advantages of pre-planning, the emotional benefits for the family of pre-planning and the ability "to do it your way."

To reserve a slot, call 833-535-0558, reservation code <<1000>>.

SWACO Provides Sustainability Hints for Holiday

The Environmental Protection Agency estimates waste can increase by as much as 25 percent between Thanksgiving and New Year's. Additionally, discarded electronics continues to be one of the fastest growing waste streams in the world. Electronics remain a popular gift during the holiday season, so SWACO is reminding families that buying refurbished electronics, as well as recycling and donating ones no longer in use, is easy to do and good for the environment.

E-Waste, or electronic waste, encompasses virtually any item that utilizes an electric cord that is now outdated, unwanted or broken. This can include everything from small personal items like smartphones and tablets to TVs and other household items like washers and dryers, microwaves and refrigerators.

"More than 40 percent of what is thrown out in Franklin County, including e-waste, could easily be diverted from the landfill through programs available today," said **Hanna Greer-Brown**, communications manager for SWACO. "Central Ohioans have many convenient options available to them to give new life to the electronics they no longer want or need."

SWACO suggests the following ways to prevent e-waste:

- Consider repairing broken electronics. Online resources like <https://www.ifixit.com/> can walk you through how to make repairs yourself.
- When purchasing new electronics, check with the retailer to see if they have a take-back program for items you are replacing or upgrading. Many computer and cell phone stores offer these incentives.
- Many types of household appliances can be donated, including toasters, blenders and vacuum cleaners. Use SWACO's [search tool](#) to find a charitable organization that accepts electronics in good working condition for donation.
- Cell phones and cell phone batteries can be recycled at a variety of locations, including Verizon, Lowes, Home Depot and Best Buy stores, among other locations. Never place cell phones or cell phone batteries in your curbside recycling or drop-off recycling containers. They can cause fires and put recycling workers at risk.

- CRT or 'tube' style televisions and monitors may not be accepted or may require a fee to be recycled. Projection televisions may also have some limitations associated with them. However, most styles of flat-screen televisions (LCDs, LEDs, etc.) are readily accepted for donation or recycling.

Goodwill Columbus is just one of many partners who accepts several e-waste items for resale and recycling. "Goodwill Columbus is committed to supporting the global shift to a more circular economy, a system that focuses on waste reduction and resource utilization." says **Marketing Director Simone Attles** "Our stores and donation centers across Franklin Country are happy to accept your gently used clothing, goods, and much of your e-waste which help to support our job training and life skills services." In addition to electronics, there are many other ways to celebrate sustainability this holiday season.

SWACO suggests the following ways to prevent waste:

- When decorating for the holidays, reuse items from previous years and shop local thrift stores for new items. Donate strings of lights and decorations to places like Goodwill or recycle them through [one of these community programs](#).

- Wrap gifts in papers you already have on-hand – newspaper, brown bags and magazine sheets all are interesting gift wrap options. Also, consider alternative ways to embellish a gift package, like holiday stamps or stencils, or reuse old ribbon. In fact, according to information shared by Stanford University, if every family reused just two feet of holiday ribbon, the 38,000 miles of ribbon saved could tie a bow around the entire planet.

- When preparing for a big holiday meal or festive get together, shop with a list so you only buy what you need, and send guests home with leftovers to eat. You can also safely freeze and eat leftovers for many months after the holidays. Visit savemorethanfood.org to download more food waste prevention tips for your holidays.

Recycle correctly with these easy steps:

- Empty and flatten cardboard before putting it in the curbside recycling cart or before taking it to the SWACO drop-off locations.

- Bring your expanded polystyrene to the Styrofoam collection drop-off location at 3770 Municipal Way, Hilliard, Ohio. The drop-off is available 24/7 and is free to use. Find [program details here](#).

- Wrapping paper and cards without foil, glitter or embellishments can be recycled.

- Compost live wreaths, garland and trees following the holidays by removing decorations and setting them at the curb on your yard waste collection day.

Download [SWACO's Green Holiday Guide](#) for more tips to reduce holiday waste.

Getting Ready for Worship

Baptism of Our Lord, January 8, 2023

Lessons

Readings: Isaiah 42:1-7; Psalm 29; Matthew 3:13-17

Prayer of the Day

O God our Father, at the baptism of Jesus you proclaimed him your beloved Son and anointed him with the Holy Spirit. Make all who are baptized into Christ faithful to their calling to be your daughters and sons, and empower us all with your Spirit, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

A Prayer for Ukraine

For those who are fleeing: sanctuary

For those who are staying: safety

For those who are fighting: peace.

For those whose hearts are breaking: comfort

For those who see no future: hope.

Intercessions & Thanksgiving

+ For the people of Trinity Lutheran Church in Columbus.

+ For Redeemer community members Nancy and Kathie Ehrich.

Each week we remember in our prayers in worship those who cannot be with us and those with special needs and concerns: Bebe McCoy, Robin Stokes, Bonnie Hegreness, Heidi Carman, Mary Kennedy, Kevin Bailey's sister Kleta Childs, Kathie and Nancy Ehrich and their sister Betty Weaver, Jeremy Davis, Bebe McCoy's brother-in-law Walt and her sister Jan, Brittany Parsons, Mary Bowling's sister Val, John Kennedy's niece Michele Wolfe, Kelley (Scott) Frank, Becky Trover's sister Maddie Sutphin, Skye Andree, Kathleen Zwanziger, Donna Voelkel and family, family and friends of Jeanne Eakin, Karen Kent and Kathy Rapp's mother Mary Watts.

Worship Leaders

Presiding Minister

Assisting Minister

Cantor

ASL Interpreter

Organist & Senior Choir Director

Pianist & Chime Choir Director

Usher

Verger

Communion Prep

Producers

Pastor Dave Shull

Emily Ott

Connie Criswell

Bryan Neal/Kiarra Santiago

Kathy Rapp

Karen Kent

Nate Ott

Michelle Clemence/Wendy Stoica

Sara Auman, Julianne Johnson

Tom Mimlitch, Sue Yehling

Flowers are Christmas Poinsettias

Noisy Offering will go to Lutheran Disaster Response.

Upcoming Week at Redeemer

January 3 -January 9, 2022

Tuesday	1:00 p.m.	Bible Study IN-PERSON and ZOOM
Wednesday	12:30 a.m.	RLC at LSS Food Pantry
	5:30 p.m.	Executive Team
Next Sunday	8:45 a.m.	CANCELLED Chime Choir Rehearsal
	10:00 a.m.	IN-PERSON and LIVESTREAM Worship
	11:15 a.m.	Senior Choir Rehearsal
	11:15 a.m.	Sunday School for all ages
	11:15 a.m.	2023 Budget Overview